

# HOST YOUR OWN FOOD DRIVE

For Lititz Chooses Love

## USE OUR MEDIA KIT AND BRING YOUR DONATIONS BACK TO US

Email [parker@lititzpride.org](mailto:parker@lititzpride.org) To organize a drop off time

OUR RESOURCE CENTER INCLUDES A FOOD PANTRY & GENDER AFFIRMING CLOTHING CLOSET. WE INTENTIONALLY DO NOT HAVE ANY BARRIERS TO ACCESSING OUR RESOURCE CENTER. WHILE SOME FOOD PANTRIES REQUIRE FOLKS TO FALL BELOW A CERTAIN INCOME LEVEL, WE HAVE NO RESTRICTIONS ON WHO CAN ACCESS OUR FOOD PANTRY.



LOCATED AT ST. PAUL PENRYN: 1258 NEWPORT ROAD, MANHEIM  
PA 17564

LITITZPRIDE.ORG

# PANTRY ESSENTIALS

All items should be non-perishable & unexpired

## Groceries

Such as...

- Peanut Butter
- Canned Items
  - Meat, Beans, Soups, Veggies, etc.
- Pasta
- Rice
- Cereal
- Nuts
- Snacks

## First Aid

Such as...

- Band-aids
- Neosporin
- Over-the-Counter Medication
  - Tylenol
  - Advil
  - Tums

## Hygiene Items

Such as...

- Adult Diapers
- Baby Diapers
- Menstrual Products
- Dental Hygiene items
- Body Wash & Shampoo

And any other non-perishable and unexpired items

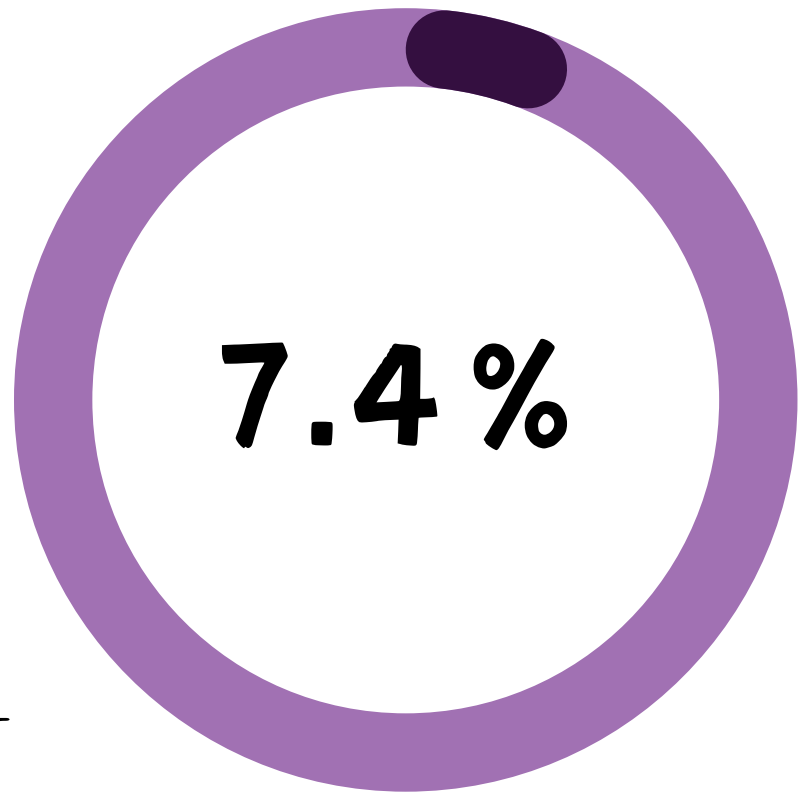


Did you know you cannot  
use SNAP benefits for  
hygiene and household  
cleaning items (like  
menstrual products, toilet  
paper, etc.)?

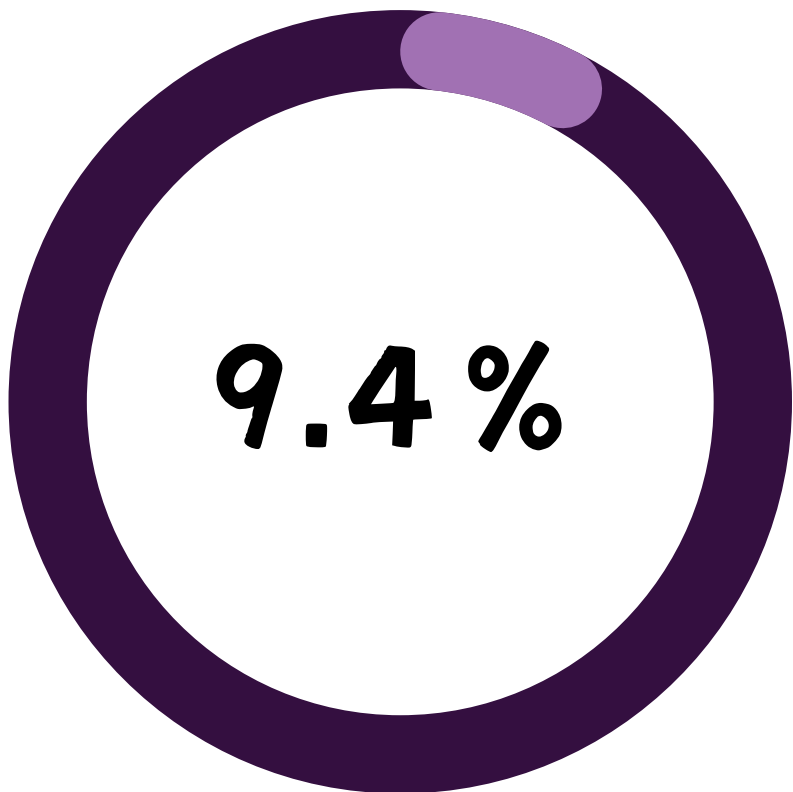
BUT YOU CAN GET  
THOSE FROM THE  
LITITZ CHOOSES  
LOVE AND ST. PAUL  
FOOD PANTRY!



7.4% of  
Lancaster  
County  
Residents  
Experience  
Food Insecurity



**40,880 Lancaster  
County Residents**



9.4% of  
Pennsylvanians  
Experience  
Food Insecurity

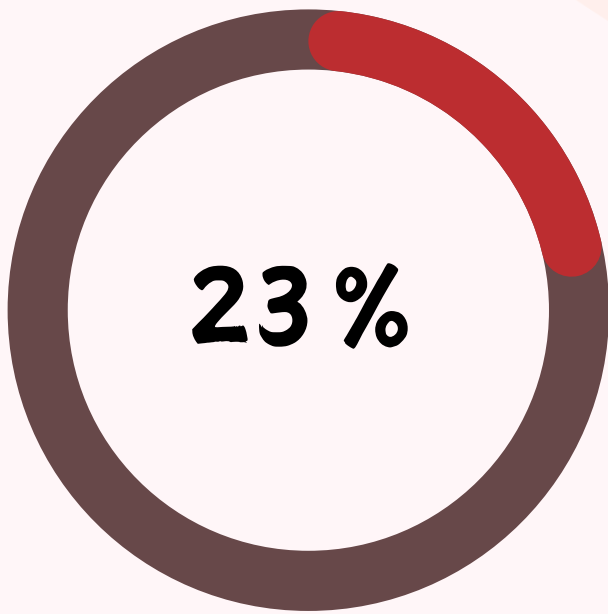
**1,219,130  
Pennsylvanians**



1 in 5 of LGBT High Schoolers  
Experience Hunger Because  
There is NOT Enough Food at  
Home

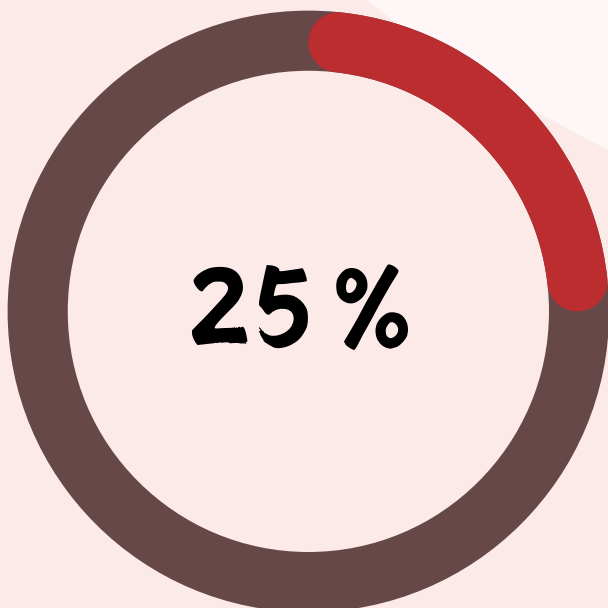
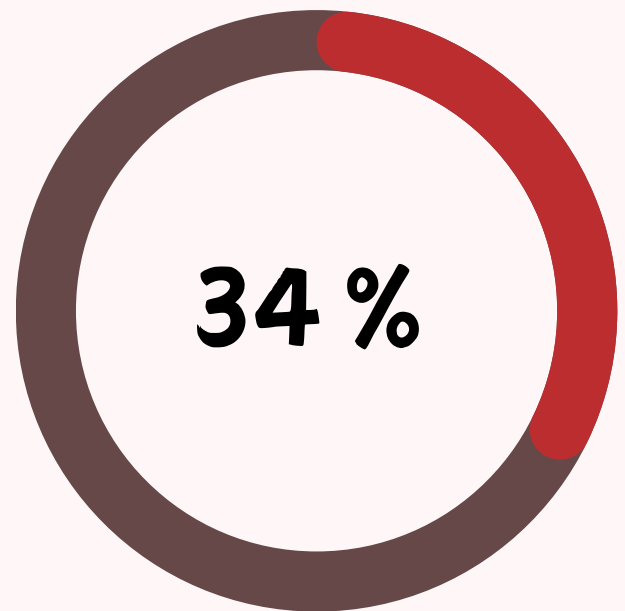


1 in 7 of LGBT 18-24 Year Olds  
Reported Not Having Enough to  
Eat the Prior Week



23% of Teens  
Struggle to  
Afford  
Menstrual  
Products

34% of Adults  
Struggle to  
Afford  
Menstrual  
Products



25% of Teens are  
Unable to Do  
Schoolwork Due to  
Lack of Access to  
Menstrual Products